

Our regular beauty column... helping YOU to look your best!

LOOK GORGEOUS

With Molly Hanson Steel

Molly Hanson Steel provides expert beauty advice for our readers in this regular column. Molly, CertEd BTEC and BABTAC, is a fully qualified lecturer and national trainer, and has her own beauty clinic, Uber Beauty, at 146 London Road, Stockton Heath.



IPL is the answer to hair removal

Q: I've heard so much about IPL. How is it different to epilation?

A: Epilation only treats one hair at a time, and can take years depending on the area. It is usually much more painful than IPL as the 'current' is applied to the hair root continuously' with the possibility of scaring.

IPL destroys cells at the root of the hair and each shot only takes milliseconds, covering a wide area of approximately 3cm by 5cm. Hair is reduced by about 10 per cent at each session; meaning you will need approximately 10 sessions.

Q: My skin is so sensitive,

what can I use?

A: I did lots of research before I decided which one to choose for my clients, and finally selected Spiezia Organics. Approved by the Soil Association and the Vegetarian Society, their products are 100 per cent organic. They even do a baby range and I've seen these products work wonders on sensitive, irritated, sore and weak skins, as well as on eczema.

Q: I would like to buy a treatment for my mum for Mothers day, any advice?

A: For indulgence how

about a LaStone Therapy Massage, using warm stones and organic oils to relax and help her unwind? Microdermabrasion or an Oxygen Therapy Facial would be a skin treat to help her skin glow from the inside out, or how about a Pamper Day, combining 2 to 4 treatments?

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