Starting today, our new regular beauty column

Look gorgeous!

With Molly Hanson Steel

South Warrington News is pleased to introduce Molly Hanson Steel, who will be providing expert beauty advice for our readers in a new regular column. Molly, CertEd BTEC and BABTAC, is a fully qualified lecturer and national trainer, and has her own beauty clinic, Uber Beauty, at 146 London Road, Stockton Heath.

Here's my secret to having beautiful skin

IS your skin dry, dehydrated, tight and sluggish and not so rosy this January?

With all that rich food, excessive alcohol intake, not to mention the stress and worry of getting things 'just right' the first thing to suffer is your complexion. Keep thinking protect, nurture and repair for happy skin.

There are plenty of so called cures out there, however the best treatment where I have seen fantastic results to alleviate these problems is an Oxygen Therapy Facial combined with Microdermabrasion. Sounds very hi-tech, and it is, however is also the perfect rejuvenation treatment for stressed, tired, dehydrated and ageing skins.

It works on the basis of deep exfoliation, which is the Microdermabrasion part followed by the Oxygen Therapy replenishing lost oxygen, which is carried to the cells via the active ingredients within the serum used and by applying 100 per cent oxygen to the skin, thus plumping up fine lines and deeper wrinkles, hydrating the skin and increasing elasticity.

As we age, oxygen levels in the skin cells decrease, resulting in a loss of elasticity and the formation of lines and wrinkles. The results are immediate but the effects continue to work long after the treatment, stimulating cell regeneration. Your skin feels and looks incredible.

Good luck with 2007 and with your New Year, New Skin.

● **If readers would like to contact Uber Beauty with any beauty questions or queries, our highly skilled specialists will give advice on the ever increasing treatments available to suit you.**

Please forward any questions online to Molly on, contactuber@aol.com or on 01925 261673.

LOCH FYNE RESTAURANTS

LFR Stockton Heath 01925 214 250

TUESDAY night is FISH and CHIPS NIGHT!

Fresh battered fish, plentiful chips, homemade mushy peas, tartare sauce and lashings of bread and butter

served every Tuesday for £9.95 children's portions available